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### **EDUCATION**

- 2001 - 2002 Monroe Community Hospital, Rochester, New York  
Affiliated with University of Rochester School of Medicine and Dentistry  
Short-term rehabilitation and in-patient / geriatrics. Directed by Paul Katz, M.D. and Donald Dishman, D.C.
- 2001 - 2002 Saint Joseph's Multi-Disciplinary Clinic, Rochester, New York  
Affiliated with Strong Memorial Hospital  
Clinical internship focused on diagnosis and management of musculoskeletal conditions in a multi-specialty setting. Directed by Warren Glaser, M.D. and Fred SanFilipo, D.C.
- 1999 - 2002 New York Chiropractic College; Seneca Falls, New York.  
Degree: Doctor of Chiropractic, April 2002.
- 1997 - 1998 Binghamton University, Binghamton, NY  
Degree: Bachelor of Science, Applied Social Science
- 1994 - 1995 Alfred State University, Alfred, NY.  
Degree: Medical Laboratory Technology

### **PROFESSIONAL EXPERIENCE**

- 04/2009 - Present **Shaker Heights Surgical Center** – Shaker Heights, OH.  
Appointed to medical staff to perform Manipulation Under Anesthesia for patients suffering from chronic neck, shoulder, lower back, pelvic and/or hip pain, which is minimally responsive to conventional manual physical medicine procedures (chiropractic and/or physical therapy) and/or pain management.
- 08/2004 - Present **Montgomery Chiropractic Center, Inc.** - *Avon Lake, OH.*  
Clinic Director and Chiropractic Physician in an interdisciplinary rehabilitation facility focused on the diagnosis and management of musculoskeletal disorders. Responsible for educational lectures and in-service programs presented to the surrounding patient and medical community.
- 2005 - Present **Brookside High School** - *Sheffield, OH.*  
Team doctor Brookside High School Athletic Department. Responsible for evaluation and management and treatment of injured athletes.
- 2007 - 2008 **RightGuard AST Dew Tour** - *Cleveland, OH*  
Chiropractic physician as part of medical team for 2007 Action Sports Tour. Evaluated and treated professional and amateur athletes in a multi-disciplinary setting.
- 10/2002 - 8/2004 **Starek Chiropractic Center, LLC** - *Strongsville, OH.*  
Chiropractic physician in an interdisciplinary practice focused on the diagnosis and management of musculoskeletal disorders.

- 5/2002 - 10/2002      **F.O.R.M.E. Medical and Rehabilitation of Vermilion** - *Vermilion, OH.*  
Staff Chiropractic Physician in a multi-disciplinary practice, which focused on conservative management of musculoskeletal conditions.
- 2001                      **Monroe Community Hospital** - *Rochester, NY.*  
Affiliated with University of Rochester School of Medicine and Dentistry, Rochester, NY. One year clinical training in specialty setting focusing in evaluation, treatment and short-term rehabilitation of acute and chronic mechanical spinal pain.
- 2001                      **Saint Joseph's Multi-Disciplinary Clinic** - *Rochester, NY.*  
Affiliated with Strong Memorial Hospital, Rochester, NY. One year clinical training in a multi-disciplinary setting focused on co-managing musculoskeletal related health conditions.
- 1995 - 1999              **Saint Joseph's Hospital Clinical Laboratory** - *Elmira, NY.*  
Medical Technologist

### HOSPITAL AFFILIATIONS

- 2006 - Present              **Community Regional Medical Center** (Community Health Partners) in partnership with Primary Care of Northern Ohio.
- 2004 - Present              **Fairview Hospital** (Cleveland Clinic Foundation) in partnership with Cleveland Clinic Health Systems Physician Organization.

### TEACHING EXPERIENCE

**Teaching Assistant Departments of Radiology and Anatomy** - 2001. New York Chiropractic College, Seneca Falls, NY.

### LECTURE EXPERIENCE

**Sheffield Civic Center** - *Sheffield Lake, OH* - 2008. 2<sup>nd</sup> Annual Women's Health Symposium "Adjust Your Thinking About Women's Health". Physician panel included 2 specialties: Chiropractic Medicine and Family Practice. A Health and Wellness Consultant also presented information on "Health and Wellness in the Home". Topics discussed were: Women and Musculoskeletal Pain, and Immunizations, Vaccinations and Gardasil. A Health and Wellness Consultant also presented information on "The Wellness Home – What Is It?"

**Sheffield Civic Center** - *Sheffield Lake, OH* - 2007. Sponsored Women's Health Symposium "Adjust Your Thinking About Women's Health". Physician panel included 3 specialties: Chiropractic Medicine, Obstetrics/Gynecology, and Family Practice. Topics discussed were: Musculoskeletal Pain in Women, Menopause/Hormone Replacement Therapy and Nutrition/Osteoporosis.

**Brookside High School** - *Sheffield, OH* - 2007. Presented and co-sponsored Health/Sports Symposium for student athletes and parents. Physician panel included 4 specialties: chiropractic medicine, pediatric medicine, family medicine and orthopedics. Dr. Montgomery presented on the topic of "Sports Related injuries of the Neck and Shoulders, and Methods for Prevention".

**Avon Lake Health Center/Community Health Partners** - *Avon Lake, OH* - 2006. "Non-Surgical Management of Low Back Pain". Review of clinical indications, patient selection criteria and treatment options/approach from a chiropractic perspective to medical support staff.

**Premiere Dental Group** - *Avon Lake, OH* - 2006. "Has Dentistry Become a Pain in the Neck". Treatment strategies for dental staff to prevent and self-manage common ailments experienced in dentistry.

**WestShore Primary Care** - *Avon, OH* - 2006. "Pain Management Options for the Primary Care Provider". A review of the indications, rationale, techniques and outcomes of spinal manipulation and myofascial therapy presented to 4 medical physicians and 5 support staff.

**Brookside High School Athletic Department** - *Sheffield, OH* - 2005. "Body Mechanics and Athletic Conditioning" - 2005.

**Bryant and Stratton College** - *Parma, OH* - 2003 & 2004. "The Effects of Biomechanics on Lower Back Pain". Guest lecturer to Medical Assistant and Medical Coding classes.

**National Chiropractic Legislative Conference (NCLC)** - *Washington, DC*. March 6, 2002.

**New York Chiropractic College** - *Seneca Falls, NY*. 2001 **Grand Rounds Presentation** "Diagnosis of Thoracic Outlet Syndrome and Effective Conservative Management" - A case study.

### **SEMINARS ATTENDED**

**Manipulation Under Anesthesia** - 2009. Post-graduate program sponsored by National University of Health Sciences.

**Radiology and MRI Review** - 2008. Sponsored by Northeast Academy of Chiropractic.

**Electrodiagnostics** - 12 hours. 2007 Sponsored by Palmer Chiropractic College.

**MRI of Disc Pathology** - 2007. Sponsored by Northeast Ohio Academy of Chiropractic.

**Advanced Orthopedic and Neurological Evaluation** - 12 hrs. Sponsored by Texas Chiropractic College.

**Exercise Strength and Conditioning** - 12 hours. 2006 Sponsored by Texas Chiropractic College.

**Nutrition and Sports Injuries** - 2006. Sponsored by Northeast Ohio Academy of Chiropractic.

**Sports Injury Evaluation and Management: The Management of Common Athletic Injuries** - 13 hours. 2006. Co-Sponsored by ChiroHealth and Northeast Ohio Academy of Chiropractic. Presented by Cleveland Clinic Foundation, University Hospitals and Merrick Spine Center.

**Sports Injuries (Injury Mechanism, Evaluation and Management)** - 12 hours. 2005. Texas Chiropractic College.

**Diagnosis and Management of Cervical Trauma and Whiplash Related Disorders** - 12 hours. 2005. New York Chiropractic College.

**Role of Pain Management in Treatment of Low Back Pain. MRI Spine Review** - 3 hours. 2005. presented by Cleveland Clinic Foundation.

**Charrette Extremity Adjusting Protocols** - 12 hours. 2004. National University of Health Sciences.

**Assessment of Sacroiliac Joint Disorders and Conservative Management of Chronic Low Back Pain Following Spinal Trauma** - 12 hours. 2003. New England Spine Institute, Inc. and New York Chiropractic College.

**Advances in the Assessment and Treatment of Lumbar Stenotic and Posterior Element Syndromes** - 12 hours. 2003. New England Spine Institute, Inc. and New York Chiropractic College.

**Chiropractic and Rehabilitation** - 12 hours. 2003. Cleveland Chiropractic College.

**Advances in The Pathological Lumbar Intervertebral Disc-Syndromes, Evaluation and Management** - 12 hours. 2002. New York Chiropractic College.

**Harvard Medical School Symposium** - *Diagnosis and Management of Low Back Pain and Sciatica* 2001.

### **CERTIFICATION/LICENSURE**

Licensed Chiropractic Physician: Ohio # 3302, 2002 - Present.  
National Board of Chiropractic Examiners: Parts I, II, III, IV and Physiotherapy  
American Society of Clinical Pathologists  
Manipulation Under Anesthesia

### **PROFESSIONAL MEMBERSHIPS**

American Chiropractic Association: 2002 - present  
Ohio State Chiropractic Association: 2007- present  
Northeast Ohio Academy of Chiropractic: 2005 - present  
American Academy of Spine Physicians: 2008 - present  
American Academy of Chiropractic Physicians: 2009 - present

### **ACADEMIC DISTINCTIONS**

Member Phi Chi Omega Chiropractic Academic Honor Society: 2002  
Distinguished Service Award - New York Chiropractic College: 2002